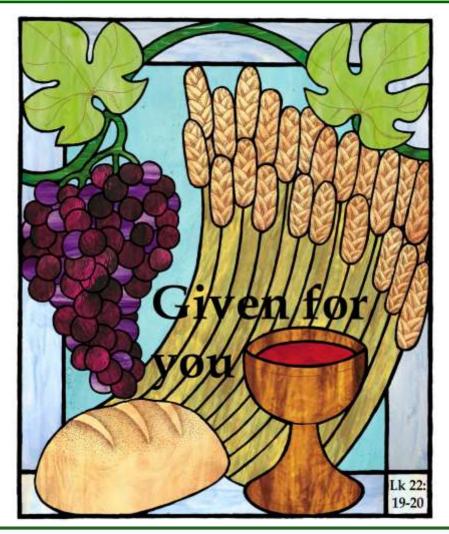
Sept 2020

# KEYS

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#### From the Vicar

.How are you? I wonder, during this virus we are all facing, have you had time to reflect upon how it has impacted your life and those whom you love. I have never known a time when there have been so many different rules upon how we can live our lives. The government daily changes the facts of what you can and cannot do. All of our lives have changed - a new normal. It appears that decisions are being made with a desire to save lives at all cost.

I am also in a life-saving industry. Jesus came to save lives at all cost. What from you might ask? Well, separation from our creator, both in life and after death is what the scriptures tell us we are all destined for, unless we respond to God's invitation to know Him and follow Jesus. The good news is God loves us, warts and all. Many biblical characters had major character flaws. Noah got drunk, Jacob was a liar, Gideon was crippled by fear, Rahab was a prostitute (as allegedly Mary Magdalene was), Samson was a womaniser, King David was a liar, murderer and adulterer, St. Paul was an accessory to murder and so on. It appears no matter what our history, God still wants us.

Many biblical characters grew up in what we would now call dysfunctional homes. Some made calamitous choices while others chose to face their fears and flaws, took responsibility for them and subsequently became greatly used by God. All of us whoever we are, are

accepted by God if we choose to know Him and relate to Him. I remember when I first became a follower of Jesus I thought, wow this is all new, it's my new normal. It became normal over time and I would not want to go back to my old life. In this new normal we see ourselves in the world today, Jesus is also offering an even greater bigger new normal experience of life that is provocative and positively life changing.

We want St. John's to serve the community, that means you. We are here for you and if you need us just let us know and we will do what we can to help. All are welcome to our church warts and all. God tells us to love each other and go the extra mile so that's what we want to do. Don't let yourself suffer alone with whatever you are facing, reach out to us, don't suffer in silence. Jesus wants to comfort you and help you, through us His church and through Himself personally for you. Let Jesus be your new normal and you won't regret it. Unlike the government, Jesus's requests always stay the same. Love God, love your neighbour. Pretty simple really. I might add. Let God love you. There is nothing like it. Nothing more satisfying and peace filling and assurance giving. Quite unlike anything else. Literally out of this world. Let God love you by asking Him to reveal Himself you won't regret it and you will find reassurance in these changing times from an unchanging God.

Take care

Tim



### 16th AUGUST 2020

VICAR:

Revd. Tim Salet 833596/07973 136968 tim@stjohnshildenborough.co.uk

CHILDREN'S MINISTRY: Marcus Hockley 07800887938 marcus@stjohnshildenborough.co.uk

SENIORS' PASTOR Susan Trowbridge 01732 833848

#### CONNECT WITH US...

CHURCH WEBSITE www.stjohnshildenborough.co.uk

FACEBOOK PAGE St. John's, Hildenborough

PHONE APP Download "Chancel" from your app store then search for

St. John's Hildenborough

OFFICE sal@stjohnshildenborough.co.uk.or 833596

NOTICESHEET amanda@stjohnshildenborough.co.uk

#### **CHURCH OPENING & SERVICES**

We are delighted that our Church is now open for private prayer on Tuesday morning 9am-12 and will reopen for worship on Sunday 6th September.

Until then, we remain very much "open", if in different ways...

- At 10am each Sunday there is an online service which can be accessed via the Church's facebook page (see above), the St. John's Church Hildenborough Page on Youtube or the videos section on the phone App. This week, "The Purpose of Prudence" Proverbs 8:12, Proverbs 14:15, Proverbs 8:1-36 & Proverbs 12:23.
   No new service next week.
- No Kids Church for the time being while Marcus is on furlough. (An online Kids Service will be re-starting from 13th September)
- Zoom Coffee at 11.30 am Contact Sal/office if you need the link.
- Online prayer meetings continue via Zoom at 10am on Tuesdays and Thursdays.
   Contact Tim or Sal if you would like to be included. There will be no meetings while Tim is on holiday weeks beginning 18th & 25th August.
- Reflections and videos on facebook and YouTube
- BCP Morning Prayer with a new talk each Tuesday from Susan Trowbridge available online (facebook and YouTube and see new number for telephone link)

#### The Verse... Jeremiah 29:12

"Then you will call on me and come and pray to me and I will listen."



#### OTHER EVENTS & INFO...

#### CHURCH OPEN FOR PRIVATE PRAYER

Our Church is open for private prayer on Tuesday mornings 9am – 12 noon

We would love you to visit, but for everyone's safety please follow the guidelines that will be posted in the Church. Face covering strongly advised.

NB Please do not use the church car park on Tuesdays whilst the Farmers' Market is on.

#### WORSHIP BY TELEPHONE

You can also listen to the St. John's Sunday Service and the Tuesday Moming Prayer Service on your telephone by dialling 01732 671103

You will be charged at local rates.

#### AUGUST SERVICES WILL CONTINUE ONLINE AS FOLLOWS:

16th The Purpose of Prudence - Tim

23rd NO SERVICE THIS WEEK

30th The Purpose of a Word Spoken in Season – Mark Packer

#### THE FOOD BANK

Please continue to drop off long-life supplies to:

38 Brookmead, Hilden Feeds on Coldharbour Lane, 13 Byrneside any time, or Church Centre on Tues 8-12.

There is a NEW shopping list attached at the end of these notices.

Thanks so much!

#### CHURCH CENTRE

The Church Centre will be re-opening from 1st September, Enquiries to Cynthia Fawcus 833397 cafawcus@hotmail.com

#### WORSHIP SERVICES RESUMING IN SEPTEMBER

We are delighted to announce that worship services will be resuming at St. John's from Sunday 6th September.

John's from Sunday 6<sup>th</sup> September.

There will be a weekly service at 9.30 am with communion (bread only). Social distancing rules will apply so please follow the signage and directions from the wardens. Face coverings will be required unless you are exempt. If you think you would like to attend please contact the office so that we can gauge numbers. The service will be streamed/recorded so you will still be able to join online.

And Susan Trowbridge will be back live in Church with Morning Worship from Tuesday 8<sup>th</sup> September.

Service also available online or by phone

## ZOOM COFFEE Grab a coffee and join us by Zoom at 11.30am.

Following advice from the Diocese we are not displaying the link on any social media or other public platforms, so please only pass on to immediate family and friends. If you would like to join and don't yet have the ID please contact Sal 07887 780567 or

#### KIDS CHURCH

Kids Church will be resuming online via Facebook and YouTube from Sunday 13th September. Service available to view from 8am each Sunday.

#### HILDENBOROUGH FARMERS' MARKET

Has returned to St. John's Car Park Tuesdays 9.00-11.00am

#### St John's Food Bank - "A Little Help" For those in need in our Community...

#### Please kindly donate from this list:

UHT milk (plus Soya, Rice, Almond, Coconut,

Oat milks.)

Tea

Coffee Herbal teas

Hot Chocolate drink

Sugar

Honey

Juices - Orange, Apple, Cranberry

Tinned Fruit

Tinned Meat - Ham, Corned beef Tinned Fish - Salmon, Tuna, Sardines Tinned Vegetables (carrots, tomatoes, peas, potatoes, baked beans, lentils, chickpeas) Tinned Pies – e.g. Fray Bentos

Microwave rice
Packet Mashed potato
Instant noodles/Pot noodles.
Pasta 'n' sauce sachets

Tinned spaghetti hoops

Breakfast cereals

Marmite Marmalade Jams

Tomato Ketchup/Brown sauce

Biscuits Dried crackers Long life oven baked bread Crisps

Chocolate :-) Mars bars, Curly Wurlys, Flakes, Dairy Milk - treats children would love occasionally... Pasta sauces

Pasta, Rice, Noodles, Soups

Toiletries - Personal hygiene items - Very low

on these...

Toothpaste & Toothbrushes Hair Shampoo & Conditioner Bubble Bath & Shower Gel

Deodorant

Tampons and Panty Liners
Shaving Gel/Cream for men

Household Cleaning Products: Anti-bac wipes and Anti-bac gel Fairy Liquid Washing powder/Fabric conditioner

Dishwasher tablets
Cloths/sponges/brushes

Toilet rolls and kitchen roll (we have none of these items at present)

Baby products: Nappies & Baby wipes

Cat food & Dog food

Your kind donations are so very much appreciated and gratefully received.

With love, thanks and appreciation from St John's Church Food Bank Team...xxx

#### Drop off:

- \* 38 Brookmead, TN11 9DW
- \* Hilden Feeds along Coldharbour Lane
- \* 13 Byrneside, TN11 9EG
- \* Church Centre on Tuesdays between 8 am to 12 noon.

FURLOUGHED STAFF In view of the wish to keep our young people firmly connected to God through worship and the plan to open the Church Centre from September, Tim and the PCC have made the following decisions:

- Mr Marcus Hockley will be unfurloughed part time from the start of September. Online Kids Church and Bright Sparks sessions will be resuming during September, and
- Mrs Cynthia Fawcus is being gradually unfurfoughed during August to enable her to make the necessary arrangements with Centre hirers.

YOUR OFFERING As with many charities and organisations, your Church is still suffering a serious downturn in income which hampers our ability to help those in the community who really need it at this time and to support our mission partners. If you would like to make a donation towards the work and mission of the church this can be done in the following ways:

- Directly to our LLoyds Bank account: Hildenborough PCC, A/C 00121509, Sort code 30-98-63. (Standing order or one-off donations.)
- Using the "GIVT" app on your phone. Download "GIVT" from your app store and search for St. John's Hildenborough.
- By PayPal at <a href="https://www.paypal.com/qb/fundraiser/charity/3202240">https://www.paypal.com/qb/fundraiser/charity/3202240</a> or just click the button on the Facebook page.

If we are able to augment your contribution by claiming gift aid and you have not already completed a declaration form, please contact the treasurer chris.mileham@virginmedia.com

And finally, if you're shopping online, don't forget you can select St. John's as your chosen charity for contributions on ebay and Amazon Smile. You can now also do this via the Amazon Phone Shopping App in 3 simple steps

- Download the app (you will need the latest version of the app)
- Go into the main menu and 'tap' into settings
- 3 Tap Amazon Smile and follow the instructions.

Thank you so much.

RELEASE THE PRESSURE... A new helpline available through KCC for anyone with mental well-being concerns. Don't suffer in silence, text the word Kent to 85258 or call 0800 107 0160 for free confidential support.

#### DOMESTIC ABUSE HELPLINE 0808 2000 2478

SAFEGUARDING If you have any safeguarding concerns or issues relating to either children or adults please contact our Parish Safeguarding Officer, Lorraine Thomas on 833518 or stjohnspso@gmail.com

#### FINAL WORD ...

"Every moment is a fresh beginning." T. S. Eliot.

#### Subject: Julie Andrews "The Joy of Aging"

Julie Andrews, turning 79 - this is hysterical!

To commemorate her birthday, actress/vocalist, Julie Andrews made a special appearance at Manhattan's Radio City Music Hall. One of the musical numbers she performed was

'My Favourite Things' from the legendary movie 'Sound of Music'.

Here are the lyrics she used:

{Sing it!} - If you sing it, it is especially hysterical!

Botox and nose drops and needles for knitting,

Walkers and handrails and new dental fittings,

Bundles of magazines tied up in string,

These are a few of my favourite things.

Cadillacs and cataracts, hearing aids and glasses,

Polident and Fixodent and false teeth in glasses,

Pacemakers, golf carts and porches with swings,

These are a few of my favourite things.

When the pipes leak, when the bones creak,

When the knees go bad,

I simply remember my favourite things,

And then I don't feel so bad.

Hot tea and crumpets and corn pads for bunions,

No spicy hot food or food cooked with onions,

Bathrobes and heating pads and hot meals they bring,

These are a few of my favourite things.

Back pain, confused brains and no need for sinnin',

Thin bones and fractures and hair that is thinnin',

And we won't mention our short-shrunken frames.

When we remember our favourite things.

When the joints ache, When the hips break,

When the eyes grow dim,

Then I remember the great life I've had,

And then I don't feel so bad.

# Forget-me-not Cafés Companionship over a cuppa

The months seem to go by with alarming speed, and it is difficult to believe that as I write this (boiling hot day in August), it has been five months since we last met at the Café. Each day seems to bring new easing of restrictions and we are looking forward to the day when we can announce that the Café will be able to restart. We will have so much news to catch up on with everyone.

Thinking about past Cafes, I was reminiscing on how one of our favourite songs was sung by Doris Day; it was released in 1956 (before my time) and was a UK No.1, becoming her signature tune. It is a song that whatever your age, most people are able to sing the chorus. So why not have a go yourself:

Que sera sera
Whatever will be will be
The future's not ours to see
Oue sera sera

Many of you, I am sure, will be finding life difficult at this time, you may be scared, lonely and struggling to cope. The Alzheimer's Society has a Dementia Connect support line where Dementia Advisers provide emotional and practical support 7 days a week. The number to phone is 0333 150 3456.

If you would like to be a part of the Zoom Forget-me-not café meetings held on the last Friday of the month please contact Elaine by email on <a href="mailto:elaine.murray@thegoodcaregroup.com">elaine.murray@thegoodcaregroup.com</a> or <a href="mailto:hello@forgetmenotcafe.org.uk">hello@forgetmenotcafe.org.uk</a> or phone 07805 367 268. We are looking forward to the day when we can all meet up again but until then please stay well and stay safe.

Julie Rhodes

#### Hildenborough Afternoon WI

Just a few words to let everyone know we are still around, no meetings allowed yet but we keep in touch by telephone. The President phones all the members on the 1<sup>st</sup> Wednesday of the month which would normally be our meeting day. We had tea and cake in a member's garden for just five of us keeping our distance and this week t



member's garden for just five of us keeping our distance and this week the remaining six members will be enjoying tea and cake in the President's garden. We hope everyone in the village are keeping well and safe and we are looking forward to things getting back to normal in the not too distant future.

#### Weeds that keep coming up

Annual weeds, unlike the children's Annuals of their favourite characters, do not just come out once a year, but far more often. Some can manage to come out every few weeks despite the gardener's best efforts. Annual weeds have short life cycles. All plants have the same sequence of growth, flowering then seeding before they die, but some are quicker than others. This is the problem with weeds like the Groundsel, Fat Hen and Knot Grass. Groundsel can manage to complete its life cycle very rapidly; even in the short days of winter a mild spell will trigger it to grow. That is only good if you are feeding the seed heads to your budgerigars as part of their diet.



Groundsel

The problem for the gardener is that in most gardens there is a "seed bank" that is bottomless. Remove one weed and another crops up. The record breaker with seed production is the Bitter Cress, where seeds are programmed to germinate at different times. The weed bank extends to some depth in the soil, and there are some seeds such as Poppy Seeds, that can last for centuries. We know what the Romans grew in their fields from the weed seed we can still find



Corn Cockle

"Wild Flower" seeds.

when an ancient site is excavated. The weeds the Romans had to contend with are much the same as those we still have coming up in our gardens. Corn Cockle is a weed associated with wheat cultivation. Pollen from the Corn Cockle can be found in the soil under the ruins when Roman sites are excavated. Corn Cockle is now quite rare, which is a good thing, as all parts of the plant are poisonous, but it may occasionally appear in a garden when a hole is dug, bringing old soil into the light, and it may get included in packets of

Some annual weeds have in the past been cultivated, as they produce an edible crop. Fat Hen is one of these and at one time would have been fed to chickens. We had pet rabbits and fed them Goose-grass among other wild herbs. The seeds of this plant are quite tough and are not digested. We still have a good crop of Goose-grass long after the rabbits' demise. Goose-grass is typical of a successful weed. It produces lots of seeds and they are very successful at getting spread, as the seeds are in small fruits fitted with tiny hooks which hang onto the fur of passing animals and taken to fresh ground. These hooks are also on the leaves and stems and give the plant its alternative name of Cleavers.



One wise old gardener's tip about all annuals is in the saying "one year's seeding leads to seven years weeding". They need to be pulled out before they seed and not left to dry on the garden as they will still have the energy to set seed.

George Gorham

**Goose Grass** 

I can't believe I am writing about **Operation Christmas Child** in the middle of a heatwave! At the moment it all seems a long way off but once everyone is back at school the time will go so quickly. St John's will once again be taking part in sending shoeboxes filled with small items to children who would otherwise have nothing at Christmas. The items don't need to be expensive, just a mixture such as soap, a toothbrush, a comb etc and a couple of small toys, things that fit into a shoebox. There are three age groups, 2-4, 5-9 and 10-14, girls and boys.

Children receive one box in their lifetime and many keep a reminder of a stranger's kindness for many years.

If you feel you would like to take part, please contact me and we can also supply shoeboxes if needed. There is a small charge of £5 per box to cover the cost of sending it. You can also go online to www.samaritans-purse.org.uk to find out more or pay to have a box filled for you and can track it to its destination. Friends can even join together to fill a box. They need to be ready by about the second week in November and either dropped off at the Church Centre or I can collect them.

Last year we managed to send over 150 boxes and it would be really good to be able to send even more this year. Thank you.

Carol Walters, 01732 832 008





I have been hard pressed to get going to write this - at the time of writing we are sweltering, and my poor garden is giving up. We must have rain soon, surely! Inevitably, we are ploughing our way through a glut of courgettes – much as we look forward to them at the beginning of the season, you can have too much of a good thing. I've exhausted soup, quiche, fried with onions, grilled and in cakes, but it does throw up an idea for next year though – perhaps a competition for the most imaginative/bizarre but edible recipe using courgettes!

What an odd time this summer has been, but we are happy to say that the Farmers' Market has been in full swing since the beginning of July, and we are learning to live with the rules and social distancing. I must say that all our customers have been so co-operative doing things they were asked - thank you all so much.

Despite everything, the stallholders who are back with us have provided the same high quality products and service, and we have to say a big "thank you" to them as well. THE BEST NEWS EVER is that Rob Rusbridge has managed to fit us back into his busy schedule and is thankfully back with us once again with his wonderful bakery products. Whew!

Mikey, our fish man, has asked me to remind everyone, that whilst he continues to bring a great range of fresh fish, if there is anything you would particularly like, and to be more or less sure of getting it, to order in advance by the previous Saturday. Please text him on 07427 549 457.

As I mentioned last month, we still can't make any long term arrangements for the Market just at the moment, but we hope we may be able to use the Church Centre once again from the beginning of September and welcome back even more stalls, although I fear we won't be able to serve coffee for a little while yet - one step at a time. Let's just hope we can celebrate Christmas in style. Just keep an eye on our Facebook page for breaking news.

I hope that by the time you read this, that we will have been overwhelmed with entries for the 'Growing from leftovers' and the 'Painting with Vegetables' competitions. We did give the closing date as 1<sup>st</sup> September, but are willing to keep the closing date open for a further week, i.e. 8<sup>th</sup> September, but just so we are in time to publish the results in October Keys.

Hildenborough Farmers' Market is held EVERY TUESDAY 9.00-11.00am in St. John's Church Centre Car Park, Hildenborough. The 402 Bus stops outside. Contact: Janet Richardson, Manager – 01732 838 903.

#### Farmers' Market Recipe for September

I am sure that many people will be harvesting wonderful peppers, tomatoes and onions now as we have had such a great growing season, and thought this **Peperonata** would be just the thing - so tasty, either hot as an accompaniment to a piece of fish or meat or cold with a good piece of crusty bread. As usual, I try to only use a few ingredients in each recipe, as although I like cooking, my eyes glaze over pretty quickly if there is a long list.

100 ml Olive oil 375g onions, finely sliced 500g red/yellow peppers, cored, deseeded and quartered Salt and pepper

500g ripe tomatoes (or 400g can chopped tomatoes)

Heat the oil in a heavy-based pan and gently fry the onions and garlic until they are lightly coloured. Add the peppers, cover and cook over a gentle heat for 10-12 minutes. Add the tomatoes and season generously with salt and pepper. Cook, uncovered, until the peppers are tender and the liquid has reduced to a thick sauce. Check the seasoning and pour into a serving dish.

Note: If you are using tinned tomatoes, increase the heat toward the end of the cooking time so that the extra liquid evaporates. If you prefer, you can skin the peppers before you cook them. If you have surplus chillies as well, feel free to add some to taste (but not too many!)

#### Getting to know next door

This time last year, how well did you know your neighbours? Around one in five of us have since admitted that we had never even spoken to them.

What a difference a pandemic makes. Now twice as many of us have talked to our neighbours in the past week as compared with last year. A further one in three of us have also done something to help a neighbour. This works out to 33 million people having talked to a neighbour in the past week, and 15 million of them even helping one during lockdown.

Seven in 10 of us also said that people in our area are now more likely to stop for a chat, and three quarters of us want their new-found friendliness to continue.

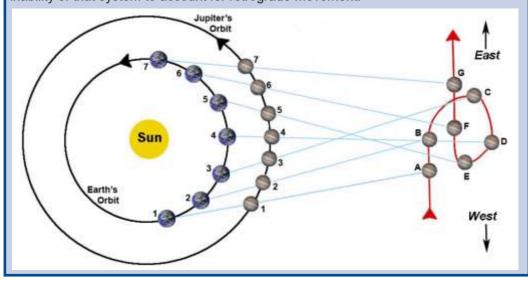
The survey was commissioned for the Big Lunch, a National Lottery-supported initiative from the Eden Project.

#### The Night Sky in Hildenborough – September 2020

If you look due south early in the month around 9.30 p.m., you will see Jupiter and Saturn just fifteen degrees above the horizon. Jupiter is the more luminous of the two and slightly to the west (right) of Saturn. They were both at their closest to Earth during July, so are just past their best, but Jupiter, in particular, is still very bright. As the month progresses they are slightly further west each night. There are two reasons for this.

Firstly, all planets have a motion of their own around the Sun, and in the main this causes them to move slowly to the east over the course of weeks, months or years depending on whether you are watching the closer, faster moving planets like Mercury or Venus, who naturally move more swiftly because they are nearer the Sun, as explained by Kepler's Laws of Planetary Motion. The movements of these two planets are subtly different from the others, because they are the only ones that lie within the Earth's orbit. We can leave them as a subject for a later date and for now concentrate on the planets Jupiter, Saturn, Uranus and Neptune that lie beyond the Earth's orbit.

As I discussed previously, when the Earth and another planet reach a point when they are closest together, astronomers refer to that as "opposition". Around this time the planet in question appears to stop its eastwards motion and move back the way it came, before once again halting and then resuming its easterly journey. This is known as "retrograde motion" and, depending on the planet, can last from two to five months. Of course this is a very gradual process given the distances to the outer planets, although Mars is comparatively fleet of foot when compared to the sedentary pace of Neptune. This most distant planet takes almost 165 years to complete one passage around the Sun and has only done this once since its discovery in 1846. It's worth remembering that one of the arguments against an Earth centred universe was the inability of that system to account for retrograde movement.



Retrograde motion has nothing at all to do with the planets themselves; this apparent backward loop is caused by the Earth catching up and passing a slower moving planet on the inside track, so to speak. This is shown in the diagram, which is incidentally not to scale, but demonstrates why the planets *appear* to move as they do. As Earth and Jupiter approach opposition and with the two planets at positions number 1, they appear against the background stars to be at point A. Then with them both now at number 2 they would seem to be at point B. By the time they are at number 3 Jupiter reaches its first stationary point (point C) before seeming to move backwards. If you follow the rest of the process, you can see how the retrograde loop appears. The second stationary point is at point E, before normal service is resumed.

The second reason for the gradual westward movement of the planets, and indeed the majority of the sky, is something that we'll look at next month.

Don't forget to look in the east after 10 p.m. during the second half of September to see Mars a little way above the horizon. It is growing in brightness as the Earth moves in for a closest approach ("opposition" as mentioned above) in mid October.

Brian Mills FRAS

#### Money problems and debt

Over the lockdown period there has been a honeymoon for people in debt, when some official action has been put on hold. Honeymoon is perhaps not the best word; *holiday* may be better. At the beginning of the coronavirus emergency, the Government introduced regulations to temporarily prevent court officials such as bailiffs seizing goods in people's homes or on highways (where your car may be). There has also been a suspension of enforcement of house possession orders. In addition, many banks have agreed mortgage repayment holidays, or agreed overdrafts at lower interest rates. Some taxes such as VAT or other taxes will not be collected during the emergency. Many court hearings on are hold.

It all sounds too good to be true. This has been a unique experience offering a breathing space to people in debt, but what happens when the debt holiday ends? Many people must be very concerned at the reduction in income at the moment, and dread what will happen when things begin to get back to normal and the little brown envelopes start coming through the letterbox.

So, what can you do? You can start preparing **now**.

Put some money aside every week if you can.

Set a budget and stick to it.

Talk to the people you owe money to. Make a note of what was said and confirm it by email or post.

Get advice from a debt counsellor or free advice agency.

Do not be afraid to ask for help or more time.

#### Do not do nothing!

Look out for each other. If you know of someone in trouble, suggest they get help.

Always get proper professional advice.

## The Thompsons Transmission

We have been absent from the Keys magazine for some months now, owing to the current situation we as society face. I'm going to try and avoid the new buzzword in this article as I'm sure we are all fed up with hearing it and have been overloaded with information and changes in government and public health policy. I will, however, write about the upcoming 'Flu season which is fast approaching and the vaccination programme. This year the government have decided to extend the free influenza vaccination service to all those 50 years of age and over; this as a response to the pandemic. This year we will be providing the usual <u>FREE</u> 'flu vaccinations to those who fall into the 'at risk' categories below:

Over 50's

Diabetics

Those with a chronic lung condition (e.g. Asthmatics, COPD sufferers)

Those with a chronic heart condition

Those with a chronic liver condition

Those who are immunosuppressed due to a condition or treatment

Those suffering with cancer

We are again offering a "no appointment required" service to ensure ease of access for all patients. Our 'Flu clinics will run Monday to Friday 9.00am to 6:30pm with no appointment required. We will also be offering some Saturday clinics by appointment; please contact us on 01732 833 433 or <a href="mailto:thompson@worthingpharmacies.com">thompson@worthingpharmacies.com</a> to book a Saturday appointment. We will also be offering the usual private vaccination service and the same clinics apply for these.

It is of great importance that those eligible receive their vaccination, in particular due to the current situation.

Finally, for those who are more tech savvy, we now have an app! Through this app you are able to add your repeat medication, set reminders and place your repeat request orders to the GP surgery. The app is accredited by the NHS and provides a fast, efficient, confidential and safe way to manage your medicines. You can download the app both in the Apple App Store and the Android Store by searching 'Paydens' or scanning the code below.

https://m67e4.app.goo.gl/zDBD



#### From the Editor

This is always a quiet month, as many of us disappear from Hildenborough to explore pastures new on holiday. British weather continues to dumfound us, as we experienced heat more befitting of the French Riviera. At least we did not suffer the loss of mains water for days, unlike some poor souls in Sussex. Supply and removal of water goes largely un-noticed underground, but the imminent increase in the number of permanent residents in Hildenborough is causing some concern over the ability of South East and Southern Water to accommodate the increases. Time will tell.

If you drive a vehicle you will have noticed that fuel prices are edging up again, having fallen only a little compared with the wholesale prices that the fuel companies paid. As usual, prices are quick to rise but rarely fall when they should.

This year the government has announced a big increase in the number of people eligible to have the 'flu jab. This will obviously take some organisation to fulfil, so keep watch for the procedures to be used by the Medical Centre and Chemists. With Covid 19 still around, protection from 'flu can only be a good thing for vulnerable groups.

The continued good weather has allowed greater use of bicycles to carry on. Once the weather turns – which it will do one day – it will be interesting to see if it continues or is shelved for the use of motor vehicles. Cycling in wind and rain is no fun, and is normally reserved for the brave or the fool-hardy.

Finally, do remember that Keys always welcomes inputs from residents of interest to others. Clubs and societies can report their activities and successes and help to raise their profile. Copy sent by email is preferred, with a cut-off date of the 13<sup>th</sup> of the month to meet printing deadlines. Hard copy is acceptable if it is not possible to use electronic methods. Don't be bashful.



The best source of the latest medical advice and news is on the HTMG website - address below.

http://www.hildenboroughmedicalgroup.co.uk

#### **Highway Code changes**

There is a Government Consultation on proposals to amend the Highway Code to introduce a hierarchy of road users, clarify pedestrian and cyclist priority, and establish safer overtaking. It is seeking views on proposed changes to the Highway Code to improve safety for vulnerable road users, particularly the groups of:

- cyclists
- pedestrians
- horse riders

The main alterations to the code being proposed are:

- introducing a hierarchy of road users which ensures that those road users who can do the greatest harm have the greatest responsibility to reduce the danger or threat they may pose to others
- clarifying existing rules on pedestrian priority on pavements, to advise that drivers and riders should give way to pedestrians crossing or waiting to cross the road,
- providing guidance on cyclist priority at junctions to advise drivers to give priority to cyclists at junctions when travelling straight ahead, establishing guidance on safe passing distances and speeds when overtaking cyclists and horse riders

To take part, please fill in the Survey on this link

https://www.smartsurvey.co.uk/s/K736D5/

The Consultation ends at 11:59pm on 27 October 2020

This morning I saw a neighbour talking to her cat. It was obvious she thought her cat understood her. I came into my house and told my dog. We laughed a lot.

Why is it that saying: "Have a nice day" sounds friendly, but saying "Enjoy your next 24 hours" sounds threatening?

#### Use your old clothes to help others in poverty

Lockdown drove many of us to do a Spring clear-out of our wardrobes. But what do you do now do with the old clothes you no longer want?

Charity shops may be closed for the time being, but there's still a way to donate your old items and support your favourite charities. Just go online and visit  $\underline{Thrift+}$ . It is an online store where you can buy and donate great quality second-hand clothes. And you get to choose which cause to support when you make a donation.

While lockdown measures are in place, they've introduced a doorstep collection service, so you don't need to leave your home to support life-transforming charities.

#### From our local MP

One of the best things to have come out of lockdown is how we have all started to appreciate our communities much more. Being forced to stay local has seen greater use of our public footpaths, and a surge in the number of cyclists using our roads. To cope with this increased demand, it is essential that our roads are safer for cyclists and pedestrians. One of the best ways to make this happen is to reduce the number of vehicles speeding through our countryside.

The Government have allocated millions of pounds for active travel initiatives in Kent and I am delighted that much of this is coming to Tonbridge and Malling. In Tonbridge, a town-wide 20mph speed limit will be trialled for the next six months.

While this is good news for residents in Tonbridge, it is obvious that speeding isn't just an issue there. In our more rural roads this can be an even bigger problem. Indeed, here in Hildenborough, I've been helping residents with speeding issues on the B245 Tonbridge Road, and there are no doubt many more in need of slower traffic.

I am hopeful that should the trial in Tonbridge be successful, Kent County Council will consider extending the use of 20mph to appropriate roads in our villages. Not every one of our roads will be suitable, and the solution might not be a 20mph zone, but a smaller reduction in the existing speed limit for some.

We have a fantastic opportunity to capitalise on the appreciation of our environment with more road safety initiatives. I am keen that this happens. We must be able to enjoy our environment safely and ensure that cars travel at appropriate speeds through our villages.

Tom Tugendhat

Don't forget that we have a Courier Correspondent for our Village.

#### Sarah Crockford has volunteered

If you have an event or activity happening in Hildenborough which you'd like her to mention do let her know two weeks in advance.

Contact her on 07805 855 069 or

Email: crockford.writing@gmail.com

## Centre Piece

#### Back next month!

#### Hildenborough Parish Council

There may be no "Centre Piece" this month, but life goes on apace, and the Parish Council continues to have to deal with issues in West Wood. Not for the first time have we had to dismantle and remove a "camp" set up by local youngsters away from visible eyes. The

photograph below shows what was removed from the latest one (at everyone's expense). Whilst this is bad enough, there was also the remnants of an illegal camp fire within the woods. At his time of year, and especially with the hot weather we have just endured, this could easily have got out of control and become a much more serious event for the village. Please do keep your eyes open for signs of bad behaviour and mischief, and let the police (on 101) or the Parish Clerk (on 832 367) know. If you do have youngsters, please instil in them the need to resist the temptation to start fires in the woods (or anywhere else that is not appropriate).



#### Lateral thinking

Being the office supervisor, I had to have a word with a new employee who never arrived at work on time. I explained that her tardiness was unacceptable and that other employees had noticed that she was walking in late every day.

After listening to my complaints, she agreed that this was a problem and even offered a solution. "Is there another door I could use?"

#### Hildenborough Cricket Club

Hildenborough Cricket Club made a record-breaking start to their delayed season. However, the late start has cost the club the chance of staging home matches at the Recreation Ground this season, with a decision made to play all their matches away. The club's Pete Wood explained: "The late start was down to the Government guidelines with the ECB banning all recreational cricket until mid-July. At the start of the season, usually March/April we would normally start pitch preparation. As we all know, Covid-19 scuppered these plans and unfortunately it fell into disrepair. We normally do our best to hire a roller in April, but by the time the ECB told us we could start playing on it, it was too bumpy to play on due to uneven bounce, so we came to the hard decision not to play any home games this season. We look forward to being back in 2021."

The opening game was against Kent Ramblas at West Wickham on July 19. Wood said: "It was one of the best we have ever played. The game was dedicated to our friend and team-mate Anthony Phillips, who sadly passed away a couple of weeks before. We batted first on a very good wicket scoring a club record 269-7 in 35 overs our highest ever score since we re-formed in 2002. Inspired batting from skipper Mark Robertshaw, 57 from 39 balls, then Ben Harding with 82 off 58 balls and George Greagsby, 66 off 46 balls, ensured it was the first time three batsmen scored 50s in one innings. Thinking we could defend such a big target, we took to the field, but Rehan Qureshi had other ideas, in an impressive innings of 131 off 85 balls, making it look certain that Ramblas would snatch victory. However, great bowling by Mark Davies, and a superb catch by Barry Webb, ended his innings, Mark Robertshaw's impressive four wicket haul helped to dismiss the hosts for 238 to complete a memorable 32 run win.

Robertshaw's 5-31 and good catching helped reduce Hadlow to 101 all out the following week.

However, Hildenborough were dismissed for 82, losing by 19 runs.

Mark Davies hit 65 in the return fixture at Kent Ramblas - but a century by the host's M Laughlin carried his side home with seven overs to spare.

Eight bowlers shared the wickets at Eridge as the home side totalled 178.

Hildenborough reached 84-0 in reply before Mark Davies was forced to retire hurt on 48. However, Greg Smith then batted well to make 55 in a total of 145 to lose by 34 runs.

#### T.M.B.C. News

#### **South East Water**

I compile this report during the very hot part of the month. South East Water (SEW) has been on the news, as numerous homes and businesses have run dry of water, not so much in our area but further afield, and still supplied by SEW. A resident contacted me indicating that they suffer from continuous low pressure. They enquired about the developments (actual and proposed) in Hildenborough as to whether the water supply system could cope. This decision is of course completely up to SEW, but here is a thing; for all the recent planning applications passing before Area 1 planning committee (includes New Care Home, 1-4 River Walk Tonbridge and 25 houses in Hadlow.) SEW has not passed any comment, despite being consulted. Our neighbours TWBC are looking at a possible application for 2,500 houses in the Tudeley area and there are others. For me personally, it begs the question, can SEW actually supply enough water for this development and could Hildenborough, for example, suffer, bearing in mind the water situation at the moment. Maybe SEW will be coming forward with requests to build more reservoirs or water treatment plants. In Hildenborough, as everyone is aware, there is a proposal to add 165 properties at Oakhill. If SEW have to increase pressure slightly to cope (and I am not a water engineer), what does this mean for the main supply pipe in Hildenborough, which seems to fracture fairly regularly?

#### 20mph Speed Limit

You might have seen the map for the trial period starting this month of the 20mph limit within Tonbridge, although it is termed a Zone. The A26 is included as a red line on the map with no note to it. Had there been a note, it would have stated that the A26 from Cannon Lane to Three Elm Lane will remain as 40mph. The A227 though will become 20mph, from Bordyke to Willow Lea, as will the B245 from Bordyke to Dry Hill Road. If residents wish to comment, then County Councillors Michael Payne and Richard Long (Tonbridge) should be contacted.

#### Vegetation and Footways

To ensure free flow for users of the footways in Hildenborough, and of course to enable social distancing, please will residents cut back to their boundary any vegetation growing over the footways, and in the case of trees to a height that allows residents to pass safely underneath. KCC are the responsible authority for this matter. If contacted by KCC, residents usually have 28 days to comply; failure will result in

KCC undertaking the work and passing the bill to the resident. Any vegetation obstructing the footways or even highways can be reported via the 'Report a problem' on the KCC website.

#### **Council Meetings**

Meetings are currently streamed on You Tube. Search TMBC Meetings. For planning applications and all public speaking, access to Microsoft Teams is organized via the Democratic Service Officers.

Mark Rhodes

#### **Borough Councillors**

Nick Foyle 07860 444 217

29 Farm Lane, Tonbridge

nick.foyle@tmbc.gov.uk

Mark Rhodes 01732 833 125

27 Hawden Close, Hildenborough

mark.rhodes@tmbc.gov.uk

TMBC - 01732 844 522

#### **Kent County Councillor**

Harry Rayner 03000 421 606

harry.rayner@kent.gov.uk

Contact the Parish Council via

clerkhildenboroughpc@gmail.com or

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#### Keys Magazine needs your input, please contact:

- David Haugh (Editor), (832 869) or keysmag@hotmail.com
- Claire Rawlinson (Deputy Editor) (834 896)
- The deadline for an entry is the 11<sup>th</sup> of the previous month for typed or *legibly hand-written* entries and the 13<sup>th</sup> for email contributions.

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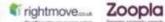


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Contact Mike on 07720-068292 <u>mikephowels@gmail.com</u> www.mphcomputing.co.uk

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#### Do You Need Help With Your Computer?



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#### **ORGANISATIONS**

Commu	inity	Groups

AFTERNOON WI Mrs Betty Mackay (832 549) EVENING WI Miss Lorna Stapley (832 871) GARDENERS' SOCIETY Secretary ..... David Haugh (832 869)

GUIDES (Hildenborough) ..... Louise Neale (361 759)

SCOUT GROUP..... 8thtonbridgescouts@gmail.com CUBS PACK (Ages 8-10.5 Monday evenings) hildenboroughwolfcubs@gmail.com

BEAVERS (Ages 6-8 Thurs 5.00-6.15 p.m.) HildenboroughBeavers8thTonbridgeScouts@hotmail.com

Janet Richardson (838 903)

01732 832 367

David Vanns (835 289)

EXPLORERS (Ages 14-18)

leaders@hildenborough-explorers.org.uk HILDENBOROUGH CONSERVATION GROUP Mrs Lynne Flower (355 080)

HILDENBOROUGH FARMERS' MARKET and COFFEE

HILDENBOROUGH HISTORY SOCIETY ..... Judith McQuillan (834 610) HILDENBOROUGH YOUTH CLUB ..... Temporarily suspended HOSPICE IN THE WEALD Thelma Fairs (832 475)

PARISH COUNCIL

VILLAGE PRESERVATION ASSOCIATION

HILDENBORO' C OF E PRIMARY SCHOOL..... hildenborough.kent.sch.uk (833 394)

FOR THE STOCKS GREEN PRE-SCHOOL DETAILS SEE AD ON PAGE 26

MUSICAL BUMPS Margaret Lewin (07736 244 142)

STOCKS GREEN PRIMARY SCHOOL stocksgreenprimary.co.uk (832 758) VILLAGE HALL BOOKINGS Pat Davies (833 092)

**KENT POLICE (Non-emergency calls)** 101

**Church Groups** 

HOUSE GROUPS ..... Tim Saiet (833 596)

HILDENBOROUGH MEN'S GROUP Gordon Paterson (832 079) PRAYER CHAIN Cynthia Fawcus (833 397)

KIDS' CHURCH

YOUNGER YOUTH (Sundays term time 4 - 6 p.m.) Marcus Hockley (07800 887 938)

Contact via Church office

**Hildenborough Sports** 

BADMINTON: Kathryn Stewart (07809 299 553)

HILDENBOROUGH INDOOR (SHORT MAT) BOWLS CLUB David Chambers (833 612) HILDENBOROUGH CRICKET CLUB Barry Webb (838 422)

HILDENBOROUGH FRIENDLY BADMINTON CLUB ...... Ivan Kirkpatrick (07730 888 429)

HILDENBOROUGH SHORT MAT BOWLS CLUB (SUNDAYS) Helen (07941 254 723)

STOOLBALL CLUB Bill Richardson (838 903)

TENNIS CLUB (membership) Jo Garrett (832 393)

HILDENBOROUGH SPORTS ASSOCIATION (Running Races) Mark Taylor (832 948) 

Floodline 0345 988 1188

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## Hilden Park Chartered Accountants

#### REPORTING PROPERTY **GAINS WITHIN 30 DAYS**

Since 6 April 2020 where UK residential property is disposed of, the resulting capital gain needs to be reported and the capital gains tax paid within 30 days of completion of the disposal. There were a number of teething problems with the new online reporting system and HMRC stated that there would be no penalties imposed for late returns, provided the returns were submitted by 31 July 2020. Taxpayers need to obtain a Government Gateway account and apply for a CGT or property reference number to report disposals, although they can authorise their accountant to report the disposals on their behalf.

Currently only the first disposal may be reported using the online reporting system with any subsequent disposals being reported using a paper return. We have been told that the new system will be fully functional shortly.

The above does not apply to the disp of your main home it covered by Privat Residence Relief

If you would like further guidance on this matter, please contact us on 01732 838877

Visit our website www.hildenparkaccountants.co.uk



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